

PERSONAL TRAINING PACKAGES

STUDENT			
PACKAGE	FREQUENCY	SESSIONS	PRICE / PACKAGE
Monthly Package 1	4X / week	16	\$336
Monthly Package 2	3X / week	12	\$276
Monthly Package 3	2X / week	8	\$200
6 Pack		6	\$162
3 Pack		3	\$87
Single		1	\$31

PATRON			
PACKAGE	FREQUENCY	SESSIONS	PRICE / PACKAGE
Monthly Package 1	4X / week	16	\$400
Monthly Package 2	3X / week	12	\$324
Monthly Package 3	2X / week	8	\$232
6 Pack		6	\$186
3 Pack		3	\$99
Single		1	\$35

STUDENT BUDDY TRAINING (2 PEOPLE)			
PACKAGE	FREQUENCY	SESSIONS	PRICE / PACKAGE
Monthly Package 1	4X / week	16	\$480 (\$240)
Monthly Package 2	3X / week	12	\$408 (\$204)
Monthly Package 3	2X / week	8	\$304 (\$152)
6 Pack		6	\$252 (\$126)
3 Pack		3	\$138 (\$69)
Single		1	\$50 (\$25)

PATRON BUDDY TRAINING (2 PEOPLE)			
PACKAGE	FREQUENCY	SESSIONS	PRICE / PACKAGE
Monthly Package 1	4X / week	16	\$544 (\$272)
Monthly Package 2	3X / week	12	\$456 (\$228)
Monthly Package 3	2X / week	8	\$336 (\$168)
6 Pack		6	\$276 (\$138)
3 Pack		3	\$150 (\$75)
Single		1	\$54 (\$27)

**BUDDY TRAINING WILL HAVE TO BE SCHEDULED AHEAD & AGREED BY BOTH PARTIES.
FOR MORE INFORMATION, CONTACT THE FITNESS ASSESSMENT LAB AT 318.357.5428**